

ATAPS Services

CentaCare - Ballarat

Support & community case management for women who are living with a mental illness who have dependent children in their care and who live within the local government area of Ballarat. Involves home visits & playgroups.

CentaCare - Ballarat, 4-6 Peel Street North BALLARAT 3350

p: (03) 5337 8999 f: (03) 5332 4465

Eligible for Medicare Gap charged: Variable Nil

Referrals: Via Centacare Psychiatric Disability Rehab Support Services intake system. More info call - 5333 4661

Children Psychology Services GP - HMTP required

Other information: Mon - Fri, 8:30am - 4:30pm Both home visits and playgroups are child friendly

Clinical Psychologist

Aitken, Marie: Clinical Psychologist

Children 5-12, Adolescents, Chronic illness/life changes, Crisis/trauma, Stress management, Vocational, TAC, Work Cover, Eating disorders, Anxiety and phobias, OCD, Depression

Aitken, Marie, 6-12 Read Street HORSHAM 3400

p: (03) 5381 9096 f: (03) 5398 1510 e: m.aitken1@bigpond.com

Eligible for Medicare Gap charged: Yes

Referrals: GP letter/form. Client to contact for appointment. Waiting list applies. Limited new client availability.

Alessia, Dr Kate

Grief Counselling, Child & Adolescent Counselling, Sleep Disorders, Chronic Pain & Illness, Trauma, Depression & Anxiety, Youth Mental Health, Eating Disorders, Women's Health, Family/Relationship Counselling

Dr Kate Alessia, Clinical Psychologist & Social Worker, 143 -145 Baillie Street HORSHAM 3400

p: 0400 444 040 e: Kate.Alessia@bigpond.com

www.katealessia.com

Eligible for Medicare Gap charged: Yes

Clinical Psychologist

Ballarat Psychological Services: Clinical & Counselling Psychologists

Infants – children – adolescents – adults – parents – families

Depression, Stress, Anxiety & phobias, OCD, trauma, attachment-bonding, grief & loss, relationship & behavioural difficulties, sleep disturbance, chronic pain & health related distress, identity issues, parenting.

Short-term and longer-term counselling and therapy – CBT & behaviour therapy, psychodynamic psychotherapy (including play therapy), family therapy, art therapy, mindfulness & ACT, EMDR, somatic therapy.

Clinical supervision.

Available for Better-Access, Workcover, TAC, VOC, DVA, EAP & self-referral.

All clinicians eligible for Medicare rebate (bulkbill available with some clinicians)

Opening Hours: 9.00 am – 6.00 pm (8.00 am and 6.00 pm appointments available by arrangement)

Practitioners:

Ms Sue Fraser - MH Occupational Therapist / Psychotherapist

Mr Conor Fogarty – Psychologist & Clinical Registrar

Ms Rebecca Norris – MH Social Worker / Art Therapist

Ms Laura Maher Liversage – Clinical Psychologist

Ms Majella Claire Devlin – Social Worker / Infant-parent Therapist

Dr Monica Maud – Clinical Psychologist

Dr Marita Scealy – Clinical & Health Psychologist

Ms Marie Carter – MH Social Worker / Family Therapist

Ms Jan Schlunke – Clinical Psychologist (supervision only)

Ms Mary Darcy – Counselling Psychologist (supervision only)

Ballarat Psychological Services, 705 Mair Street BALLARAT 3350

p: 03 5332 1621 f: 03 5331 5079 m: 0432 404 135 e: bpsych@netconnect.com.au

Eligible for Medicare

Gap charged: Yes

Bowers, Krystal

Depression & Anxiety, Grief Counselling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Women's Health

Bowers, Krystal, Suite 14, Level 1 City Center Arcade, 315 Sturt Street BALLARAT 3350

p: 478535291 e: kbowerspsych@gmail.com

Eligible for Medicare

Gap charged: No

No co-payment for bulk billed patients

Commons Treloar, Amanda: Clinical Psychology

Depression, Anxiety, Phobias, Personality disorders, OCD, Panic Disorder, Self Harm, Suicide, PND, Stress Management, Adult survivors of sexual abuse, Bullying, PTSD, Behaviour problems, Couples therapy, Divorce/separation, Relationships, Personality assessment, OCD, Panic Disorder, Self Harm, Suicide, PND, Stress Management, Adult survivors of sexual abuse, Bullying, PTSD, Behaviour problems, Couples therapy, Divorce/separation, Relationships, Personality assessment, Psychopathology assessment, Employee assistance program

Commons Treloar, Amanda, 1st Floor City Centre Arcade, Suite 14, 315 Sturt Street BALLARAT CENTRAL 3350

p: 0424 780 806

Eligible for Medicare

Gap charged: Yes

No gap for bulk billing

Referrals: Referral via GP or other AHP.

Other information: For children 8 yo+, Adults, Couple & Families. Waiting list applie Bulk billing available.

Clinical Psychologist

Echstein, Erica: Clinical Psychology

Depression & Anxiety, Grief Counselling, Psychological problems in pregnancy, Post natal depression, Trauma, Women's Health.

Private Practice, 50 St Andrews Place LAKE GARDENS 3353

m: 0421 165 230 e: ericaech@ncable.net.au

www.ballarat-talkingcure.com

Eligible for Medicare

Gap charged: Yes

Gap Charge \$10

Referrals: Patients to phone for an appointment.

Fernbach, Madeline: Psychology

Adults, aged, children & adolescents. Adult assesment. Gay, lesbian, bisexual, queer, intersex & transgender, sexuality & gender issues. Anxiety & depression, grief, clinical psychology, counselling, mens & womens issues, and stress.

Ballarat Psychological Services, 705 Mair Street BALLARAT 3350

p: 03 5332 1621 f: 03 5331 5079 m: 400826220

Eligible for Medicare

Gap charged: Yes

Standard Session cost \$168 - Gap \$43.50,

Concession \$148- Gap \$23.50

Other information: Some bulk billed sessions are available

Fritch, Joanne: Clinical Psychologist

Child & adolescent. General. Woman's special issues: post partum depression, body image issues, eating disorders. Assessments, PTSD, anxiety, relationship problems.

Fritch, Joanne, 114 Doveton Street (Sth) BALLARAT 3350

p: 533 33121 f: (03) 5333 3124 m: 0437 120 350

Eligible for Medicare

Gap charged: Yes

Referrals: Referral letter from GP

Heeney, Simone: Clinical Psychologist

Child & adolescent. Assessment and treatment. Autism and Aspergers diagnosis and intervention - child and adult Bromley Psychological Services for Children, 114 Doveton Street (Sth) BALLARAT 3350

p: (03) 5333 3121 f: (03) 5333 3124

Eligible for Medicare

Gap charged: Yes

Referrals: GP referral letter. Client to contact for appointment.

Clinical Psychologist

Hehir, Gillian: Psychology

Clinical psychologist in private practice providing specialist psychological services for women. Focused therapeutic interventions for anxiety/depression, adjustment, body image, parenting, relationship issues, grief and loss, chronic pain and associated health issues.

Dawson House, 15 Dawson Street (Sth) BALLARAT 3350

p: (03) 5364 2944 f: (03) 5364 2911 m: 0407 509 053 e: gillianh@ncable.com.au

Eligible for Medicare Gap charged: No

Referrals: GP Referral letter for Medicare & client to contact for appointment. Full fee paying patients welcome. Bulk billing available to pension/health care card holders. All clients referred under a GP Mental Health Care Plan will be bulk billed.

Other information: Also consulting at St John of God Hospital - Outpatient Rehabilitation Unit.

Hepburn Health Service - Community Health: Psychology

Psychology counselling is provided for individuals, couples and families for a broad range of issues including: Addictions (Alcohol & Drugs), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorders

Hepburn Health Service - Community Health, Corner of Hospital and Jamieson Streets DAYLESFORD 3460

p: (03) 5321 6550 f: (03) 5348 1785 e: daylchc@hhs.vic.gov.au

Eligible for Medicare Gap charged: No All services are free

Referrals: GP referral. Client to make appointment.

Other information: Also provides dual diagnosis/mental health counselling.

Inglis, Beth: Clinical Psychology

Addictions (Drug & Alcohol), Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Grief Counselling, Sleep Disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation

Positive Wellbeing Clinic, 16 Errard Street North BALLARAT 3350

p: (03) 5309 3145 f: (03) 5309 3146 e: beth@positivewellbeing.com.au

www.positivewellbeing.com.au

Eligible for Medicare Gap charged: Yes \$36.60 or \$21.60 with Concession , Medicare Easyclaim available onsite.

Other information: Autism Spectrum Disorders

Jones, Jody

Child & Adolescent Counselling, Eating Disorders Family/Relationship Counselling, Youth Mental Health

Paediatrics Ballarat, 1328 Sturt Street BALLARAT 3350

p: 03 5327 1444 f: 03 5327 1400

www.paediatricsballarat.com.au

Eligible for Medicare Gap charged: Yes

Clinical Psychologist

Kissane, Melissa: Clinical Psychologist

Child & Adolescent Counselling, Depression & Anxiety, Eating Disorders, Family counselling, Grief counselling, Trauma, Youth Mental Health, Women's health

headspace - Ballarat, 28 Camp Street BALLARAT 3350

p: 53 044 777 e: melissakissane@gmail.com

<http://www.headspace.org.au/headspace-centres/headspace-ballarat>

Eligible for Medicare

Gap charged: No

Bulk Billing - no gap charge

Other information: headspace - 28 Camp Street, Ballarat - Mondays Mt Clear College - Olympic Drive, Mt Clear - Tuesdays

LeVine, Dr Peg

Le-Kond Institute, 39 Albert Street, Suite One DAYLESFORD 3460

p: 0400 978 158

Eligible for Medicare

Gap charged: Yes

Other information: Specialising in creatively-oriented clientele who seek person-in-context therapy, such as artists, journalists, writers, film directors/producers -- and bright, imaginative youth and children. A trauma-recovery specialist by training (with refugee health experience), as well as a seasoned clinical supervisor with APS and research-practitioner with Monash University.

Levy, Dr Phyllis: Clinical Psychologist

Depression, Anxiety, Panic attacks, Relationship problems, Workcover, General

Levy, Dr Phyllis, 50 St Andrews Place, Lake Gardens BALLARAT 3350

p: (03) 5337 6615 m: 0405 630 365

Eligible for Medicare

Gap charged: Yes

Referrals: GP referral letter. Client to contact for appointment.

Lorensini, Sandra: Clinical Psychologist

Clinical, health, counselling psychology., Chronic Pain & Illness, Depression & Anxiety, Grief & Trauma Counselling, Workcover TAC Compensation

Lorensini, Sandra, 112 Drummond St (Nth) BALLARAT 3350

p: (03) 5338 7488 m: 0417 363 571

Eligible for Medicare

Gap charged: No

Patients are Bulk Billed

Referrals: Brief call or note from GP. Patient to bring Health Plan to initial consultation.

Clinical Psychologist

Lush, Simon

Chronic pain & illness Depression & anxiety Mens health Sleep disorders Trauma Women's health Workcover & TAC compensation

Lush, Simon, 15 Dawson St Sth, Ballarat BALLARAT 3350

m: 0432 889 098 e: simonlush@fastmail.fm

Eligible for Medicare

Gap charged: Yes

Those with a concession card will be bulk billed. Standard consultation fee is \$140 with a rebate available to the client of \$124.50-leaving a gap payment of \$15.50.

Referrals: Clients with a 'better access' referral can contact me directly on 0432 889 098 to arrange a time for an initial consultation

Maud, Monica: Psychologist

Depression, anxiety, relationships and confidence building, anger management.

Ballarat Psychological Service, 705 Mair Street BALLARAT 3350

p: (03) 5332 1621 f: (03) 5331 5079 e: bpsych@netconnect.com.au

Eligible for Medicare

Gap charged: Variable

Negotiable. Bulk billing available based on income

Referrals: GP referral letter. Client to contact for appointment. Self-referral available. Waiting list applies - initial contact will be addressed on day.

McEwan, Siobhan: Clinical Psychologist

Clinical Psychology, Trauma & recovery, Adolescents & adults, anxiety, depression, childhood abuse (sexual/physical), relationship issues, Victims of Crime, homophobia & racism related issues, violence; stress and workplace related stress, post traumatic stress, Postnatal depression, dating & family violence/sexual abuse.

Trillium Psychological Services, 215 Drummond Street South BALLARAT 3350

p: 03 5332 9048

Eligible for Medicare

Gap charged: Yes

Sliding scale dependent on income

Referrals: GP referral required for Medicare.

Other information: Client base: adolescents and adults. - 2 week waiting time

McKinnon, Sarah: Clinical Psychologist

Health anxiety, Depression, Anxiety, Grief and loss, Trauma, Adjustment, Stress management

Buninyong Psychology Group, Suite 2 Village Place, 309 Learmonth St BUNINYONG 3357

p: 5341 3316 m: 0412 278 415 e: sarahmckinnon.psychologist@gmail.com

Eligible for Medicare

Gap charged: No

Bulk bill with GP MHCP

Referrals: GP referral

Clinical Psychologist

Montgomery, Alex: Clinical Psychology

Cognitive Behaviour Therapy for all ages, Child & Adolescent Counselling/Behaviour Management, Depression & Anxiety, OCD, Family Relationship Counselling, Sleep Disorders, Trauma, Youth Mental Health, Men's Health, Schizophrenia & Bipolar, Depressive and Bipolar Disorders, Suicidal Ideation, Generalised Anxiety, Obsessive Compulsive & Panic Disorders, Post Traumatic Stress Disorders, Agoraphobia, Social and Specific Phobias, Psychotic Disorders, Dissociative Disorders, Eating Disorders, Personality Disorders, Problematic substance use or gambling, Child & Teen behavior management, Autism and Asperger's, ADHD, Bullying and School Refusal, Difficult life transitions, Stress, Grief, Loss, and Trauma, Workplace conflict and bullying, Health related issues such as pain, Infertility, and chronic health conditions, Sexual, Emotional, Physical Abuse, Victims of Crime, TAC, WorkCover

Clearview Psychological Services Pty Ltd, 10 Whitehorse Road MT CLEAR 3350

p: 0422 452 512 e: alex@clearviewpsychology.com.au

<http://clearviewpsychology.com.au/>

Eligible for Medicare

Gap charged: Yes

\$35.50. Bulk billing for concession card holders & university students. Refer to website for details

Referrals: In part time private practice in Ballarat. Appointments on Saturday mornings and Wednesday evenings by arrangement. Referrals under Medicare Benefits Scheme (GP referral letter & appointment required) Private Health Insurance, Fully Private. WorkSafe Provide

Other information: I am a New Zealand trained Clinical Psychologist with experience in inpatient and community mental health and general health settings across the age range. I am able to offer a comprehensive range of Clinical Psychological services for people of all ages and presenting concerns that could benefit from the application of scientifically supported Clinical Psychological assessments and interventions. Refer: [http://www.clearviewpsychology.com.au/images/file/MACPA Referrals to Clinical Psychologists eflyer \(2\) \(4\).pdf](http://www.clearviewpsychology.com.au/images/file/MACPA%20Referrals%20to%20Clinical%20Psychologists%20eflyer%20(2)%20(4).pdf)

Price, Peta: Clinical Psychologist

Depression &/or anxiety, Adolescent, Chronic Pain & Illness, Eating Disorders, Relationship, Grief Counselling, Mens Health, Sleep Disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation
Ballarat Psychological Service, 705 Mair Street BALLARAT 3350

p: (03) 5332 1621 f: (03) 5331 5079

Eligible for Medicare

Gap charged: Yes

\$27.85

Referrals: Referral through medical practioners preferred, GP covering letter required, but self referrals also accepted. Youth Mental Health & Eating Disorders - please discuss before referring

Other information: Will bulk bill unwaged clients.

Rowley, Lynn: Clinical Psychology

Addictions Drug & Alcohol), Child & Adolescent Counselling, Depression & Anxiety, Eating Disorders, Trauma, Youth Mental Health, Women's Health, Gender identity confusion in children & adolescence, Sexual identity confusion in adolescence

Ballarat Psychological Service, 705 Mair Street BALLARAT 3350

p: 03 5332 1621 f: 03 5331 5079 m: 0477 621 855

Eligible for Medicare

Gap charged: Yes

Sliding scale to be discussed with psychologist

Referrals: Client to obtain a Mental Health Treatment Plan and contact psychologist on 0477 621 855 to make an appointment

Clinical Psychologist

Scealy, Dr Marita: Clinical Psychology, Health Psychology

Addictions (Drug & Alcohol), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Grief Counselling, Men's Health, Phobia reduction, Youth Mental Health, Weight reduction and healthier living, Women's Health.

Scealy, Dr Marita, Suite 2, Menzies Street Building, 520 Mair Street BALLARAT 3350

p: 0466 082 087 m: 0466 082 087 e: scealypsychology@gmail.com

Eligible for Medicare

Gap charged: No

No Gap

Referrals: Please send referral and Mental Health Care Plan to: Dr Marita Scealy, PO Box 1143 Wendouree Village, Vic 3355
Prior to appointment

Sewell, Jessica

Child & Adolescent Counselling, Depression & Anxiety, Family/Relationship Counselling, Trauma, Youth Mental Health
Blossomtree Psychology, 504 Mair Street BALLARAT 3350

f: 03 4344 0609 m: 0439 462 823 e: jess@blossomtreepsychology.com.au

Eligible for Medicare

Gap charged: Yes

\$45.50 or \$30.50 with concession

Referrals: GP referral via Mental Health Care Plan to Blossomtree Psychology or patients can contact Blossomtree Psychology directly via phone or email hello@blossomtreepsychology.com.au

Other information: Dr Sewell has developed expertise in the diagnosis and treatment of a large range of children's mental health concerns including depression, anxiety, grief and loss, and a comprehensive understanding of complex trauma, attachment and behavioural problems for children of all ages. Dr Sewell works from a child-focussed and strengths based perspective with children and their families, and has significant experience in training, educating and supporting parents and carers of children with complex needs.

Shaw, Liana: Clinical Psychology

Adolescent & Young adult Counselling, Depression & Anxiety, Grief Counselling, Sleep Problems, Youth Mental Health, Stress & adjustment disorders, Anxiety disorders including phobias, Depressive disorders, grief & bereavement, Anger & behavioral difficulties, Self-esteem issues, School-based issues incl. bullying & learning difficulties, Cognitive & educational assessments on request.

Positive Wellbeing Clinic, 16 Errard Street North BALLARAT 3350

p: 03 5309 3145 f: 03 5309 3146 e: liana@positivewellbeing.com.au

www.positivewellbeing.com.au

Eligible for Medicare

Gap charged: Yes

\$35.50 (Standard); \$20.50 (Concession) Medicare
Easyclaim available onsite

Taylor, Michelle: Clinical Psychology

Attachment and bonding issues, parenting support, parenting stress, neurodevelopment and Michelle is also a trained DRUMBEAT facilitator and Tuning Into Kids provider, Child and adolescent counselling, Depression and anxiety, Family/rel

Blossomtree Psychology, 504 Mair Street Ballarat 3350 BALLARAT 3350

p: 03 5333 4157 f: 03 4344 0609 m: 0419 949 040 e: hello@blossomtreepsychology.com.au

www.blossomtreepsychology.com.au

Eligible for Medicare

Gap charged: Yes

\$40.50 or \$30.50 for concession

Referrals: Self referral, GP referral, Mental Health Care Plans. All infant, child and adolescent mental health referrals welcome. Please send mail to PO Box 116 Miners Rest Vic 3352

Clinical Psychologist

Thackwray, Danette: Psychologist

General, Individuals, Child, Couples, Family, Abuse, Eating disorders, Stress, Pain, Fears, Depression, Trauma, Grief

Thackwray, Danette, 16 Grant Street BACCHUS MARSH 3340

p: (03) 5367 5783 f: (03) 5367 1257

Eligible for Medicare Gap charged: Yes

Referrals: TAC, Work Cover etc

Other information: GP letter. Client to book appointment.

VanDerHorst, Dr Renee: MAPS - Clinical Psychologist

Depression and Anxiety, Sleep disorders and Women's health.

Insight Psychological Services, Ballarat Business Centre, Dawson House, 15 Dawson Street South BALLARAT 3350

p: 0468 965 104 e: reneevanderhorst.psychologist@gmail.com

Eligible for Medicare Gap charged: No

Ward, Sarah

Clearview Psychological Services Kensington, 10 Whitehorse Rd MT CLEAR 3350

p: 03 5332 9559 f: 03 4308 0669 m: 0435 066 617 e: sarah@clearviewpsychology.com.au

www.clearviewpsychology.com.au

Eligible for Medicare Gap charged: Yes \$27.85 - Bulk Billing for Patients with a Mental Health Treatment Plan and Concession Card Holders or University Students

Referrals: Available for appointments Monday - Thursday and some Friday mornings

Other information: I have experience as a Senior Clinical Psychologist in public and private mental health and primary health settings in New Zealand and Australia. I have worked with people of all ages regarding emerging and ongoing mental health issues, post natal mental health, carer wellbeing, and with those experiencing infertility. I offer evidence based clinical psychological assessment and treatment for people of all ages and various psychological or mental health concerns.

Wyatt, Dr Roy

Anger management, Depression & Anxiety, Grief Counselling, Men's Health, Sleep, Social Phobia, Trauma, Youth Mental Health

Wyatt Psych, Dawson House, 15 Dawson Street South BALLARAT 3350

p: 03 5364 2951 f: 1300 887 445 e: roy@wyattpsych.com.au

<http://www.wyattpsych.com.au/>

Eligible for Medicare Gap charged: Yes Sliding Scale (\$10-\$35) see note below regarding bulk billing

Referrals: GPs can fax referrals direct. **NB.** Roy also operates a bulk billing clinic two days a week through Ballarat Community Health. Please specify if bulk billing is requested (and reason) on the referral

Mental Health

Mental Health

Child First: Intake Service for Family Services - Vulnerable Families

Depression and Anxiety, Trauma

Child and Family Services, 115 Lydiard Street North BALLARAT 3350

p: 1300 783 341 f: (03) 5332 1724 e: ceo@cafs.org.au

www.cafs.org.au

Eligible for Medicare

Gap charged: No

Referrals: Child First is the intake service for referrals to Family Services who work in home with vulnerable families. Refer to most appropriate services

Other information: Parenting issues, Best interest of children, work with families where parent/child may have multiple issues. Support of children's development, Active engagement, Case work and case coordination, Practical support, Skills development, Group work/Mentoring, Ongoing outreach, Sustained support, Information advice/consultation, Child and family assessments.

Clunes Health Service: Psychologists

Psychology counselling is provided for individuals, couples and families for a broad range of issues including anxiety, depression, relationship difficulties, grief and loss.

Clunes Health Service, 69 Service Street CLUNES 3370

p: (03) 5345 9750 f: (03) 5345 3016 e: clunes@hhs.vic.gov.au

Eligible for Medicare

Gap charged: Variable

Small Fee applies

Referrals: GP referral. Client to make appointment.

Clutterbok, Trudy

Serious and long term difficulties, Children and adults, Family history of war, migration & displacement, Artist's issues, Psychoanalytic supervision & groups

Psychotherapy & Psychoanalysis, Vincent St DAYLESFORD 3460

p: 439220123 m: 439220123 e: tclutterbok@gmail.com

Eligible for Medicare

Gap charged: No

Full Fee

Referrals: Telephone to discuss

Other information: Fee for service (neg): \$90-\$120 Also Practice in Fairfield, Melbourne

Creswick Community Health Centre: Psychologists

Psychology counselling is provided for individuals, couples and families for a broad range of issues including anxiety, depression, relationship difficulties, grief and loss.

Creswick Community Health Centre, 1 Hill Street CRESWICK 3363

p: (03) 5345 9150 f: (03) 5345 9176 e: creschc@hhs.vic.gov.au

Eligible for Medicare

Gap charged: Variable

Small Fee applies

Referrals: GP referral. Client to make appointment.

Mental Health

Hoare, Anita

Australian Centre for Grief and Bereavement, 40 Eastwood Street BAKERY HILL 3350

p: 03 5332 7747 m: 447710138 e: a.hoare@grief.org.au

<http://www.grief.org.au/>

Eligible for Medicare

Gap charged: Yes

depends on income (av paymet \$9)

Referrals: Intake over the phone at Central Office in Mulgrave 9265 2100

Karinya

Provides emergency accommodation for up to six weeks for women with children who are homeless, Outreach services and children's support

Salvation Army, 6 Crompton Street BALLARAT 3350

p: (03) 5329 1100 e: Harmina.beaty@salvationarmy.org; Angela.Cook@aus.salvationarmy.org

Eligible for Medicare

Gap charged: Yes

Nil

Other information: Open Mon - Fri, 9am - 5pm. Child friendly

Kirby, Meg

Child & Adolescent Counselling, Relationship Counselling, Grief & Loss, Anxiety & Depression, Trauma, Youth Mental Health, Psychotherapy, Equine Psychotherapy / Equine Therapy

Daylesford Therapy & Equine Psychotherapy Australia,

p: 0425 371 729 e: megginkirby99@gmail.com

Eligible for Medicare

Gap charged: Yes

Patient Payment \$90 rebate \$70

McNaughton, Bronwyn

Bronwyn McNaughton Counselling and Consulting Services, 16 Webster Street BALLARAT 3350

p: 400637255 e: bmcnaughton.amhsw@outlook.com

Eligible for Medicare

Gap charged: Yes

\$35.20 gap fee, First session with caregivers and review session are free of charge. Cost per session with patient \$110 upfront with \$74.80 Medicare refund)

Other information: Womans Health, Depression, Anxiety, Grief Counselling, Stress Management, Identity and Self Esteem Issues, Confidence Building, Intellectual Disability, Anger Management, Youth Mental Health, Bullying, Behavior Problems, Trauma and debriefing for adults, Trauma for children using play therapy, Specializes in working with children, young people and young adults (4 years to 25 years), Hours: Mondays 10am-3pm and Thurs 10am - 5pm A/H available on request.

Men & Family Relationship Service: Counselling Service

Depression and Anxiety, Family/Relationship Counselling, Grief Counselling, Men's Health

Child and Family Services (CAFS), 115 Lydiard Street North BALLARAT 3350

p: (03) 5337 3333 f: (03) 5332 1724

Eligible for Medicare

Gap charged: No

Mental Health

Moynihan, Dermot: Credentialed Mental Healthcare Nurse , Psychotherapy & Counselling

Psychotherapist and counsellor, Chronic Pain & Illness, Depression & Anxiety, Family/Relationship Counselling, Grief Counselling, Men's Health, Trauma, Workcover TAC Compensation, Adult Mental Healthcare

Moynihan, Dermot, 1305 Mair Street BALLARAT 3350

m: 0419363565

Eligible for Medicare

Gap charged: Yes

Charge Negotiable. Bulk billing available based on income.

Referrals: GP Referral Form or telephone contact

North Park: Perinatal

Babies up to 12mths: assistance is given to families with babies who have sleep disturbance occurring during the day and/or feeding difficulties.

North Park, Cnr Plenty and Greenhills Roads BUNDOORA

p: (03) 9468 0852 f: (03) 9468 0174 e: northparkmbu@healthscope.com.au

www.healthscope.com.au

Eligible for Medicare

Gap charged: Yes

Prior to admission it is necessary for us to confirm your type and level of health cover. Self-funding is also possible; please contact the Therapy Coordinator for current info

Referrals: Yes from GP. Will speak to you same day but is 4 - 6 week wait to get into service

Other information: No childcare available

PANDA (Post and Antenatal Depression Association Inc): Helpline that provides confidential information, support & referral to anyone affected by perinatal depression & anxiety. Including partners, family members & friends, Parental Mental Health

PANDA, 810 Nicholson Street NORTH FITZROY 3068

p: (03) 9481 3377 f: 94826210 e: info@panda.org.au

www.panda.org.au

Eligible for Medicare

Gap charged: No

Referrals: No referral needed

Other information: National Perinatal Depression Helpline 1300 726 306 Helpline Hours: Mon - Fri 10am - 5pm Admin phone (03) 9481 3377 Admin hours: Mon - Fri 9am - 5pm

Raphael House Ballarat

Antenatal & Postnatal Mental Health Services, Psychotherapy, Psycho-Education, Sleep & Settling/ Transition to Parenting, Paternal Mental Health, Group therapy Programs, Parent Infant Therapy, Parenting Education, Depression & Anxiety, Family/Relationship counselling

St John of God Hospital - Ballarat, 103 Drummond St Nth BALLARAT 3350

p: 5320 2016 f: 5320 2018 e: raphaelhouse.ballarat@sjog.org.au

http://www.sjog.org.au/other_services/raphael_centres/locations/ballarat.aspx

Eligible for Medicare

Gap charged: No

Current May 2012

Referrals: Completed Raphael House SJGBH Referral Form and Mental Health Care Plan essential. Referral forms can be found at the link above

Mental Health

SIDS & Kids Victoria

Bereavement support for parents and families who have experienced the unexpected death of their baby or child, during pregnancy, birth, infancy and childhood (up to 18yrs of age) from any cause

BHS - Eitan Daniel, 102 Ascot Street BALLARAT 3350

p: (03) 5320 4196 m: 427819011 e: eitand@bhs.org.au

<http://www.sidsandkidsvic.org/>

Eligible for Medicare Gap charged: No Nil

Referrals: Self referral

Other information: Mon - Fri, 9am - 5pm. 24 Hour Help Line: 1800 240 400

Mental Health, Occupational Therapist - Psychotherapist - Better Access

Fraser, Sue: Depression, Anxiety, Stress, Attachment-bonding, Trust, relationship & behavioural difficulties, grief, identity, trauma, parenting

Child, Adolescent & Adult Psychodynamic Psychotherapy. Sue is a qualified Child & Adolescent Psychotherapist with over 25 years experience in Child, Adolescent & Adult Mental Health. Sue works with people of all ages using a psychodynamic framework (including play therapy with children) but incorporates a range of therapeutic approaches into her practice. Sue has a special interest in in-depth longer-term work with people with more complex presentations, often with a background of trauma, loss and trust/attachment difficulties. Sue also provides clinical supervision (including for VCPA training programme).

Ballarat Psychological Services, 705 Mair Street BALLARAT 3350

p: 03 5332 1621 f: 03 5331 5079 m: 0432 404 135 e: bpsych@netconnect.com.au

Eligible for Medicare Gap charged: Yes

Referrals: Via GP or psychiatrist with Mental Health Plan in order to access rebate or via self - referral

Other information: Client to phone to arrange appointment

Occupational Therapist - Mental Health

Lawrence, Michael: Occupational Therapy

Ergonomics, Work health & safety

Michael Lawrence & Associates Pty Ltd, PO Box 1678 BALLARAT 3350

p: (03) 5332 2400 f: (03) 5333 4100 m: 0417 562 881 e: ml@michael-lawrance.com.au

www.michael-lawrance.com.au

Eligible for Medicare Gap charged: Yes

Referrals: GP letter or telephone referral.

McKindley-Hodge, Judith: Occupational Therapy

Sensory interactive therapy for children and adults, Intervention & advice related to ergonomic elements of work place stress, Career development & direction counselling

Mae McKindley Therapeutic Services, PO Box 513 BALLARAT 3350

m: 400900563 e: judith.mckindley.hodge@crsaustralia.gov.au

Eligible for Medicare Gap charged: No Bulk Billing available

Referrals: GP referral form including client contact details

Occupational Therapist - Mental Health

Sullivan, Andrew: OT/Mental Health Clinician and Exercise Physiologist

Chronic pain and Illness Depression and Anxiety Men's Health Sleep disorders Trauma Workcover TAC compensation

Optiform, 109 Victoria Street BALLARAT 3350

p: 03 5334 4402 f: 03 5334 4407 m: 0407 551 661 e: andrew@optiform.com.au

Eligible for Medicare

Gap charged: Yes

Referrals: Via your GP or private psychiatrist. Please call with any questions.

Other information: Functional assessment CBT, Physical health management, Graded exercise therapy, Motivation, Weight management

Psychiatrists

Mind@Home

General Psychiatry for adults, adolescent and children

Mind@Home, 613 Mair Street BALLARAT 3350

p: 03 5331 4188 f: 03 5331 4547 m: 0417 583 201 e: robert@drproctor.com.au

Eligible for Medicare

Gap charged: Yes

No fee for ATAPS suicide prevention

Referrals: Suicide Prevention Referral: GPs - fax a referral letter or treatment plan to Mind@Home Services Fax: 03 5331 4547

Psychiatrists: Private

Ghai, Sonia: Psychiatry

Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief Counselling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Womens Mental Health, Workcover TAC Compensation

Ballarat Psychiatry Group, 801 Mair Street BALLARAT 3350

p: 03 5338 8434 m: 03 5332 7955 e: julie-anne@ballaratpsychiatry

Eligible for Medicare

Gap charged: Yes

Referrals: GP referral required

Kalra, Harish

Mair Street Clinic, 702 Mair Street BALLARAT 3350

p: 4308 0673 f: 4308 0674

Eligible for Medicare

Gap charged: Yes

Mishra, Manisha

Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief Counselling, Sleep Disorders, Tauma, Youth Mental Health, Womens Health, Workcover TAC Compensation

Ballarat Psychiatry Group, 801 Mair Street BALLARAT 3350

p: 03 5338 8434 f: 03 5332 7955 e: julie-anne@ballaratpsychiatry

Eligible for Medicare

Gap charged: Yes

Psychiatrists: Private

Proctor, Dr Robert: Psychiatry

Mind@Home Psychiatry, 613 Mair Street BALLARAT 3350

p: 03 5331 4188 f: 03 5331 4547 m: 0417 583 201 e: robert@drproctor.com.au

Eligible for Medicare

Gap charged: Yes

Rajagopalan, Mani

Chronic pain & Illness, Depression & Anxiety, Grief Counselling, Men's Health, Trauma, Women's Health, Workcover TAC Compensation

Rajagopalan, Mani, 24 Drummond Street North BALLARAT 3350

p: 03 5332 3959 f: 03 5332 4613

Eligible for Medicare

Gap charged: Yes

Psychologist

Adler, Damien: Psychology, Mental Health

Career Development, Life Coaching, Managing Work Place Issues, Prodromal/early psychosis, Sleep problems, Chronic depression, Obsessive-compulsive disorder, Preference fro ages 14 and up

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: (03) 5332 2266 f: (03) 5332 2466 e: damien.adler@mindlifeclinic.com.au

<http://www.mindlifeclinic.com.au/>

Eligible for Medicare

Gap charged: Yes

Between \$30 - \$40

Referrals: Medicare rebates via Easyclaim, Private Health rebates via HICAPS, Employer funded, WorkCover, TAC.

Other information: Stress, Workplace issues, Mediation, Debriefing, Professional Supervision, Mental Illness.

Andrew, Donna

Creswick Community Health Service, Hill Street CRESWICK 3363

p: 03 5345 9150 f: 03 5345 9176

Eligible for Medicare

Gap charged: No

Other information: Available Mondays and Wednesdays.

Arbias

Addictions (Drug & Alcohol)

Arbias, 27 Hope Street BRUSWICK 3056

p: (03) 8388 1222 f: (03) 9387 9925 e: arbias@arbias.com.au

www.arbias.org.au

Eligible for Medicare

Gap charged: Yes

Psychologist

Ballarat Primary Care: Psychology

Addictions (drug/alcohol), Depression & Anxiety, Family/Relationship Counselling, Grief Counselling, Men's Health, Sleep Disorders, Trauma & Youth Mental Health

Ballarat Primary Care, Coinda, 10 Learmonth Road WENDOUREE 3355

p: 03 5338 4570 f: 03 5336 1613

Eligible for Medicare Gap charged: Yes

Referrals: GP referral with Mental Health care plan 2710 series item number

Other information: CBT/ACT/Group Therapy

Best, Tina: PSYCHOLOGY

Depression & Anxiety, Family/Relationship Counselling, Grief Counselling, Trauma, Youth Mental Health, Women's Health, Workcover Compensation, Intellectual Assessment (Adult)

Dana Allied Health, 1013 Dana St BALLARAT 3350

p: 0488 051 079 f: 03 53331425 m: 0488 051 079

Eligible for Medicare Gap charged: Yes Approx. \$20.00

Referrals: GP referral letter. Client to contact for appointment

Other information: Current waiting time: usually within 2 weeks

Blick, Neil: Psychologist

General mental health, Depression, Anxiety, Men's health, Sexual identity, Relationships, Grief, Sleep, Trauma, Life coaching

Blick, Neil, 21 Lyons Street (Nth) BALLARAT 3350

p: 438529699 e: blick.neil@gmail.com

Eligible for Medicare Gap charged: Yes Fee for Service \$140 per session current Medicare rebate \$84.80 gap fee to be paid by client is \$55.20

Referrals: GP referral letter. Client to contact for Appointment.

Boin, Louise: Psychologist/Neuropsychologist

Adults, Cognitive changes due to ABI, CVA, MS, Dementia, etc., Intellectual Assessment, Carer stress/grief adjustment, Behaviour management, Neuropsychological Medico-Legal Opinion, Sleep

Boin, Louise, 15 Dawson Street South BALLARAT 3350

f: (03) 5331 6019 m: 0423 147 710 e: louseboin@skymesh.com.au

Eligible for Medicare Gap charged: Yes Negotiable

Psychologist

Brennan, Jennie: Psychologist

Provides psychological therapy for clients with depression, anxiety, trauma, grief and loss, stress management, sleep problems. Utilises Mindfulness based Acceptance and Commitment Therapy.

Dana Allied Health, 1013 Dana St BALLARAT 3350

p: 0437 462 147 f: (03) 5333 1425 m: 0437 462 147

Eligible for Medicare

Gap charged: Yes

\$120 for 50 min session, \$10 gap for health care card holders

Referrals: GP referral letter. Client to contact for appointment. Self-referral available. Waiting list applies - initial contact will be addressed on day.

Calvert, Tammy: Clinical Psychology

Cognitive Behavioural Therapy, Acceptance and Commitment Therapy, Dialectical Behaviour Therapy and Solution Focused Brief Therapy to assist adolescents (14 years and over) and adults presenting with a wide range of mental health concerns

Calvert, Tammy, Dawson House, 15 Dawson Street South BALLARAT 3350

p: 0473 986 338 f: 03 5364 2911 e: tammycalvert6@gmail.com

Eligible for Medicare

Gap charged: Yes

Cleghorn, Leanne: Psychology

Child & Adolescent Counselling Depression & Anxiety Family/Relationship Counselling Grief Counselling Trauma Youth Mental Health Career / Vocational counselling Workplace issues

Life Aspirations Pty Ltd, 52 Loch Avenue BALLARAT 3350

p: 03 5340 0668 m: 0409 492 854 e: Leanne@lifeaspirations.com.au

www.lifeaspirations.com.au

Eligible for Medicare

Gap charged: Yes

Between \$25 and \$45

Referrals: Phone reception to make an appointment, Client to bring MHCP to initial consultation, Medicare or Private Health insurance rebates via HICAPS

Costa, Michael

Relationships, Depression, Anxiety, Stress, Sleep disorders, Healthy eating/exercise, Managing cancer, Improving self esteem.

Michael Costa Psychologist, 4 Golden Spring Avenue HEPBURN SPRINGS 3099

p: (03) 9718 2702 f: (03) 9718 2702 m: 412990795 e: michael@michaelcostapsychologist.com

www.michaelcostapsychologist.com

Eligible for Medicare

Gap charged: No

Referrals: Please post or fax referral directly to Michael

Other information: Available for home visits in the local area including Ballarat. Hypnosis, Benson relaxation, meditation

Psychologist

Davis, Michelle: Psychology

Adjustment from separation children, adolescent & adult Child, adolescent, adult & family counselling Grief counselling Depression & anxiety Sleep disorders Trauma Youth mental health Womens health Work cover & TAC compensation

Bromley House, 114 Doveton Street Sth BALLARAT 3350

p: 0422 915 640 f: 03 5333 3124

Eligible for Medicare Gap charged: Yes \$35

Referrals: GP referral letter. Client to contact for an appointment.

Other information: Minimal to one week wait time for appointments

Dawes, Graham: Child and Adolescent psychology 0 to 25 years.

Assessment and interventions for Autism Spectrum Disorder. Cognitive assessment. Interventions and therapy for behavioural and emotional issues in children, teens and young adults including ADHD, OCD, ODD, depression and self-harm. Assistance with parenting strategies. Child psychologist Graham Dawes provides specialist care, assessment and intervention for children, adolescents and young adults including those on the Autism Spectrum. Services cover a wide range of interventions, diagnosis, assessments and reports for emotional, behavioural, educational and developmental issues.

Think, Talk, Do, 15 Dawson St South BALLARAT 3350

m: 0467 296 709 e: thinktalkdo@westnet.com.au

<http://www.thinktalkdo.com.au/>

Eligible for Medicare Gap charged: Yes Gap Charge: \$25.20 business hours \$45.20 after hours

Referrals: Phone, fax, email TAC and Private Health fund clients accepted

Other information: Appointments available Mon - Thur, some after hours appointments are available. We can assist with such issues as: Fears and worries including phobias, social anxiety, separation anxiety, panic disorder, obsessive compulsive disorder (OCD) Child and adolesc

Edwards, Bernadette: Psychology

Chronic pain & illness, Depression & anxiety, Family/relationship counselling, Grief counselling, Men's health, Sleep disorders, Trauma, Women's health, Workcover TAC compensation.

Bernadette Edwards Consultant Psychologist, 15 St Cedars Ave LAKE WENDOUREE 3350

p: (03) 5337 6456 f: (03) 5337 6356 m: 0407 035 848 e: baepsych@bigpond.com

www.BernadetteEdwards.com

Eligible for Medicare Gap charged: Yes Consession - Bulk Billed

Other information: Indigenous social and emotional wellbeing. GP & health professional support/psychoeducation/debriefing

Psychologist

Egan, Gerry

Addictions (Drug & Alcohol), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief, Mens Health, Traumatic stress, Victims of crime/abuse, Work Cover TAC Compensation, Clinical Hypnotherapy, Smoking Cessation.

Psychologist & Clinical Hypnotherapist, 172 Albert Street SEBASTOPOL 3356

f: 03 5335 6891 m: 0412 326 755 e: gerryegan7@bigpond.com

Eligible for Medicare Gap charged: Variable

Referrals: Brief referral from GP. Mental Health Care Plan if Medicare rebate.

Other information: Charges are negotiable depending on financial circumstances. PO Box 10 SEBASTOPOL 3356

English, Brian

Chronic pain & Illness, Depression & Anxiety, Men's Health, Trauma

English, Brian, 205 Armstrong Street, North BALLARAT 3350

p: 0403 444 205 f: 03 53261227 e: admin@bekkgroup.com.au

<http://brianenglishpsychology.com.au/general-psychology/>

Eligible for Medicare Gap charged: No

Other information: Life Transitions, VocationalStress, Anger Management.

Ferguson, Janne: Psychologist

General. Child and adolescent, chronic pain & illness, depression & anxiety, eating disorders, family/ relationship counselling, grief/trauma, women's health.

Open Minds, 805 Sturt St BALLARAT 3350

p: 03 5332 1132 f: 03 5333 1222

Eligible for Medicare Gap charged: Yes \$10 for Healthcare /pensioners card & \$30 others

Referrals: GP to provide form/letter. Self-referral available if not claiming Medicare rebate. No waiting list applies.

Other information: 25 years experience. Child and adolescent issues. Anxiety, depression and relationship background.

Fraser, Jeannette: Psychology, Mental Health

Addictions (Drug & Alcohol), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorder, Family/Relationship Counselling, Grief Counselling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Women's Health

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: 03 5332 2266 f: 03 5332 2466 e: admin@midlifeclinic.com.au

www.mindlifeclinic.com.au

Eligible for Medicare Gap charged: Yes \$30-\$40 approx

Referrals: Rebates available with referral via medicare. Private Health rebates may not require a referral (check with private health fund)

Other information: Anxiety in children & adolescents, Parenting of adolescents, Autism Spectrum Disorders, Bereavement, Life coaching, Learning difficulties, Vocational assessments, Mindfulness-based cognitive training for recurrent depression. Preference for ages 7 and up

Psychologist

Gannon, Darren: Psychology

Child, Adolescent and Adult Counselling Chronic pain and illness Depression and anxiety Trauma Youth mental health
Workcover TAC compensation, Specialise in geropsychology and provide therapy in nursing homes.

InMind Solutions, 19 Leopold Street ALFREDTON 3350

p: 5334 2822 f: 5334 2455

Eligible for Medicare

Gap charged: Yes

\$41.75 or \$26.75 (Concession)

Referrals: GP to provide form/letter. Self-referral available if not claiming Medicare rebate. No waiting list applies

Other information: No bulk billing

Garnett, Malcolm: Counselling Psychologist

Adults, Aged, Anger, Anxiety & Depression, Bereavement & Grief/Loss, Chronic Illness, Crisis & Trauma, Relationships, Stress, Sexual Abuse, Youth Mental Health

Ballarat Psychological Service, 705 Mair Street BALLARAT 3350

p: (03) 5332 1621 f: (03) 5331 5079 e: bpsych@netconnect.com.au

Eligible for Medicare

Gap charged: Yes

Negotiable. Bulk billing available based on income.

Referrals: GP referral letter. Client to contact for appointment. Self-referral available. Waiting list applies - initial contact will be addressed on day.

Glaubitz, Carly: Psychology, Mental Health

Addictions (Drug & Alcohol), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief Counselling, Gambling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation.

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: 03 5332 2266 f: 03 5332 2466 e: admin@mindlifeclinic.com.au

www.mindlifeclinic.com.au

Eligible for Medicare

Gap charged: Yes

Between \$30 - \$40 approx

Referrals: Rebates available with refund via Medicare. Private Health rebates may not require a referral (check with private health fund).

Haines, Merideth: Psychology, Mental Health

Addictions (Drug & Alcohol), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief Counselling, Gambling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation.

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: 03 5332 2266 f: 03 5332 2466 e: admin@mindlifeclinic.com.au

www.mindlifeclinic.com.au

Eligible for Medicare

Gap charged: Yes

Between \$30-\$40 approx

Referrals: Rebates available with refund via Medicare. Private Health rebates may not require a referral (check with private health fund).

Other information: Life Adjustment Pregnancy Post-partum depression & anxiety Adjustment to Parenthood Group work including SHADES and parenting groups Preference for ages 4 and up or parents of children of any age.

Psychologist

Hearn, Kate: Psychology

Child & Adolescent Counselling, Depression & Anxiety, Men's Health, Trauma, Youth Mental Health, Women's Health, Kate's main areas of interest involve the parent-child relationship, pre and post-natal, infant (0-3 years), child and adolescent mental health. Kate is experienced at working with children and families who have often experienced significant trauma and mental health difficulties in their lives. Kate provides respectful and developmentally appropriate evidence-based interventions.

Little HQ, 15 Dawson Street South BALLARAT 3350

p: 03 5364 2906 f: 03 5364 2911 m: 0448 578 965 e: kate@littlehq.com.au

Eligible for Medicare Gap charged: Yes

Referrals: Medicare rebate available, Private Health rebate available

Hood, Jeff

Depression & Anxiety, Grief Counselling, Men's Health, Trauma, Workcover TAC Compensation

Creswick Medical Centre, 58 Albert Street CRESWICK 3363

p: 5345 8090 f: 5345 8125 e: Jeff.Hood@creswickmedical.com.au

Eligible for Medicare Gap charged: Variable No co-payment for patients with Health Care or DVA Gold Cards

Referrals: Requires GP MHCP if wanting medicare rebate ☎phone reception to make an appointment

Hyatt, David: Psychologist

Child & adolescent, General counselling, Stress & trauma, Depression & anxiety, Relationships, EAP, TAC & Workcover assessments & reports, veterans.

Hyatt, David, 1305 Mair Street BALLARAT 3350

p: 03 5333 5940 f: 03 5333 5166 e: dchyatt@gmail.com

Eligible for Medicare Gap charged: Yes Varies

Referrals: Client to make appointment.

Other information: Every Tuesday @ Hadwen Consulting Rooms Maryborough by appointment 5333 5940

Johnson, Janelle

Adolescent Counselling, Depression & Anxiety, Eating Disorders, Youth Mental Health, Children (and their families) from birth-12 y/o, Attachment and Separation difficulties, Behavioral problems, Toddler taming, Sleep concerns, Problems at school with peers or bullying, Social skills, Grief and loss, Cognitive and Educational Assessments on request.

Ballarat Psychological Service, 705 Mair Street BALLARAT 3350

p: 03 5332 1621 f: 03 5331 5079 e: janelle01@htmail.com

Eligible for Medicare Gap charged: Yes \$20-\$40 approx, no gap charge for concession card holders

Referrals: Mental Health Treatment Plan from GP, Paediatrician or Psychiatrist

Psychologist

Keir, Jenny: Psychologist

Bereavement, ageing, chronic illness/life changes, vocational, relationships, TAC, Work Cover, Victims of Crime, mental illness, depression, crisis & trauma, stress management, debriefing/ critical incident.

Keir, Jenny, Wimmera Medical Centre, 6-12 Read Street HORSHAM 3400

p: 0425 749 033 f: (03) 5381 9357 e: jlkeir@optusnet.com.au

Eligible for Medicare

Gap charged: Yes

Referrals: GP letter/form. Client to contact for appointment. Waiting list applies.

Knobel, Gerard: Psychology

Areas of Interest:, General Mental Health, Depression & Anxiety. Family separation & shared parenting. Work stress and family life balance. Intimate couple relationship issues. Complex family circumstances. Sexual & Cultural identity. Adjustment to life transitions. Grief counselling. Teenage issues of 21st Century: Smart phones, social media, internet use, gaming, demands of romantic relationships, school/life balance, high academic and elite sporting pursuits.

Gerard Knobel Psychology Pty/Ltd, 613 Mair Street BALLARAT 3350

p: 03 5331 4188 f: 03 5331 4547 m: 0497 619 613 e: knobelpsychology@gmail.com

Eligible for Medicare

Gap charged: Yes

If on Mental Health Care Plan approx. \$25. Private referral and couples \$150.00

Referrals: Mental Health Care Plans to be faxed to 53314574 attention of Gerard Knobel or Delivered to 613 Mair Street
All new referrals are to complete a New client information form prior initial consultation appointment

Other information: Monday: 9am-3pm. Tuesday: 4:15 - 7:15. Wed: 9am-2pm & 4:15-7:15. Fri: 9am-3pm. Appointment Required

Lake, Mike: Psychologist

Assessment - Organisational Psychology; Forensic; Clinical; General Mental Health, Adolescent Counselling, Depression & Anxiety, Grief Counselling, Men's health, Trauma - Post Traumatic Stress, Stress, Workcover TAC Compensation, Work Stress, work dynamics Counselling, Victims of Crime, Family Court, Legal Aid referrals via legal rep or court.

Woodlake Consulting, PO Box 1366, Ballarat Mail Centre BALLARAT 3354

p: (03) 5333 5730

Serviced Office f: (03) 5332 9433 m: 0427 348 390 e: woodlake@netconnect.com.au

Eligible for Medicare

Gap charged: Yes

Various

Referrals: Referral via GP, Mental Health or Legal Professional
Private Consults - contact by Mobile: 0427 348 390

Other information: Ballarat, Melbourne and Geelong based. Referral to associates available.

Lewicki, Kathryn: Psychology

Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Grief Counselling, Sleep Disorders, Trauma, Youth Mental Health, Women's Health, Domestic Violence

Lewicki, Kathryn, 101 Sturt Street BALLARAT 3350

p: 0410 936 225 f: 03 5326 1213 m: 0410 936 225 e: klewicki@ncable.net.au

Eligible for Medicare

Gap charged: Variable

bulk billed

Referrals: GP referral letter or fax

Other information: Contact for an appointment. Client to bring health plan to initial consultation.

Psychologist

Litras, John: Psychology

Addictions (Drug & Alcohol), Chronic Pain & Illness, Depression & Anxiety, Family/Relationship Counselling, Grief Counselling, Trauma, Youth Mental Health, Workcover TAC Compensation

Litras, John, 210 Drummond Street (Sth) BALLARAT 3350

p: 0408 478 519 m: 0408 478 519 e: jlitras@me.com

Eligible for Medicare

Gap charged: Variable

Negotiable. Bulk billing available

Madsen, Tanya

Child & adolescent counselling, Chronic pain & illness, Depression & anxiety, Grief counselling, Sleep disorders, Trauma, Youth mental health, Women's health, Autism Spectrum Disorders, ADHD, learning difficulties, cognitive assessment (6-16 years), Intellectual disability, Provider of FAHCSIA Helping children with Autism and Better Start Early Intervention Programs.

Madsen, Tanya, 24 Raglan Street DAYLESFORD 3460

m: 0425 708 057 e: tanyamadsenpsychology@gmail.com

Eligible for Medicare

Gap charged: Yes

Patients with Health Care Cards Bulk Billed

Referrals: Patients may self refer with a GP mental health treatment plan or paediatric referral to receive Medicare rebate

Other information: Practicing at 1013 Dana Street, Ballarat & 24 Raglan Street, Daylesford

Markoff, Gary: Psychologist & Hypnotherapist

Addictions (Drug & Alcohol), Anger work, Chronic Pain & Illness, Depression & Anxiety, Diabetes, Family violence, Grief Counselling, Hypnosis, Sleep Disorders, Trauma, Weight loss, Workcover TAC Compensation

Gary Markoff Counselling, 60 Nolan Street MARYBOROUGH 3465

m: 0418 656 494

Eligible for Medicare

Gap charged: Yes

\$15 or \$35 if with a Medicare GP Mental Health Treatment Plan

Referrals: Send GP referral to PO Box 327 Maryborough. Gary will call patient to make appointment

Marshall, Joanne

Addictions (Drug & Alcohol), Chronic Pain & illness, Depression & anxiety, Family/relationship counselling, Grief counselling, Sleep disorders, Trauma, Women's health, Workcover TAC compensation

Positive Wellbeing Clinic, 16 Errard Street BALLARAT 3350

p: 03 5309 3145 f: 03 5309 3146 e: joanne@positivewellbeing.com.au

Eligible for Medicare

Gap charged: Yes

\$33.20 Standard, \$21.20 Concession. Medicare Easyclaim available for clients to claim their rebate

McColl, Gabrielle

Addictions (drug & alcohol), Chronic pain & illness, Depression & anxiety, Grief counselling, Men's health, Sleep disorders, Trauma, Women's health, Workcover TAC compensation

Innerpeace Psychology Services, 5 Ligar Street ARARAT 3377

p: 03 5352 7792 f: 03 5352 7793 m: 0458 466 377 e: g.mccoll@innerpeacepsych.com.au

Eligible for Medicare

Gap charged: No

Psychologist

McCulloch, Belinda

Addictions (Drug & Alcohol), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief Counselling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC compensation

In Mind Solutions Pty Ltd, 19 Leopold Street ALFREDTON 3350

p: 03 5334 2822 f: 03 5334 2455 e: belinda@inmindsolutions.com.au

Eligible for Medicare

Gap charged: Variable

\$135 for a standard consultation, \$115.00 for a concession with the Medicare rebate of \$84.80 per session.

McPhee-Allan, Frances: Psychologist & Family Therapist

Child & adolescent, general, individual, couple, family., Depression & Anxiety, Family/Relationship Counselling, Grief/Trauma Counselling, Women's Health, Workcover TAC Compensation

McPhee-Allan, Frances, 21 Lyons St (Nth) BALLARAT 3350

p: 03 5332 8871 f: 03 5332 6243 m: 0413 992 861

Eligible for Medicare

Gap charged: Yes

\$36.75

Referrals: Letter from GP to be brought to initial session. Client to contact by telephone for appointment.

Mind Life Clinic: Psychology

Gambling, Vocational Support, Parenting Adjustment, Mental Illness, Stress

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: (03) 5332 2266 f: (03) 5332 2466 e: admin@mindlife.com.au

www.mindlifeclinic.com.au

Eligible for Medicare

Gap charged: Yes

\$30 - \$40 approx

Referrals: Rebates available with referral via Medicare. Private health rebates may not require a referral (check with private health fund)

Murphy, Margot: Psychologist

Child & Adolescent, Trauma, Critical Incident Stress, PTSD, Anxiety & Depression, Stress, Bereavement, Family relationships & issues, Work place injury, Life change decisions.

Margot Murphy & Associates Pty Ltd, 21 Lyons St (Nth) BALLARAT 3350

p: (03) 4309 0213 m: 0409 678 800 e: margot.hmurphy@gmail.com

Eligible for Medicare

Gap charged: Yes

\$36.75

Referrals: GP referral letter. Client to contact for appointment.

Other information: Registered with TAC, Veterans Affairs, Victims of Crime, EAP agencies, all private health funds.

Psychologist

Oke, Marion: Counselling psychologist

Individual & couple counselling; family therapy; adults, young people & children; trauma counselling including domestic violence and sexual assault; depression & anxiety; grief & loss.

Oke, Marion, 24 Raglan Street, Daylesford 3350

p: (03) 5348 7647 f: (03) 5348 7647 e: marion@netconnect.com.au

Eligible for Medicare

Gap charged: Variable

Bulk Bill through Medicare

Referrals: Contact by telephone. Referral from GP for Medicare rebate.

Other information: Registered with VOCAT (Victims of Crime); Work Cover; TAC, Veterans Counselling and private health funds; Approx 20 years counselling experience.

O'Loughlan, Virginia: Psychology, Mental Health

Managing Work Place Issues, Chronic Depression and Anxiety, Health issues, Chronic Pain Management

Virginia O'Loughlan Psychologist, Dawson House, 15 Dawson Street South BALLARAT 3350

p: 0447 264 582 f: 5332 6012 e: voloughlan@yahoo.com.au

Eligible for Medicare

Gap charged: Variable

Medicare rebates via Easy Claim, Private Health rebates via HI CAPS, Employer funded, Work Cover TAC

Other information: Stress, Workplace issues, Mediation, Chronic pain, Mental health.

Pemberton, Jeff: Psychologist

Addictions (Drug & Alcohol), Chronic Pain & Illness, Depression & Anxiety, Grief Counselling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Disability/Impairment, Sexual Health Issues

On the Up & Up - Counselling & Psychology Services, Room 16, Level 1, 101 Sturt Street BALLARAT 3350

m: 0422 375 899 e: jeffpemp@hotmail.com

Eligible for Medicare

Gap charged: No

Phelps, Nicole: Psychologist, Mental Health

Addictions (Drug/Alcohol), Child and Adolescent counselling, Chronic Pain and Illness, Depression & Anxiety, Eating disorders, Family/Relationship counselling, Grief counselling, Sleep disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation.

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: 5332 2266 f: 5332 2466 e: nicole.phelps@mindlifeclinic.com.au

<http://www.mindlifeclinic.com.au/>

Eligible for Medicare

Gap charged: Yes

Between \$30 - \$40 Approx

Referrals: Medicare rebates via Easyclaim, Private Health rebates via HICAPS, Employer funded, WorkCover, TAC.

Other information: Stress, Workplace issues, Mediation, Debriefing, Professional Supervision, Mental Illness

Psychologist

Pitcher, Kevan: Psychologist

Adolescent Counselling, Depression & anxiety, Grief Counselling, Men's Health, Trauma, Youth Mental Health, Workcover Tac compensation, Victims of crime, Offenders/ Behavioural problems

Pitcher, Kevan, The Garden, 4a Ritchie Street BROWN HILL 3350

p: (03) 5332 9873 f: (03) 5332 9873 e: kevan@bigpond.net.au

Eligible for Medicare

Gap charged: Yes

\$40 - Consession bulk billed

Referrals: Self referral or referral from a GP.

Poyser, Mark: Psychologist

Trauma recovery, relationship issues, hypnotherapy.

Poyser, Mark, Springs Medical Centre, 51 Raglan Street DAYLESFORD 3460

p: (03) 5422 6321 f: (03) 5422 6391 e: poyser55@hotmail.com

Eligible for Medicare

Gap charged: Yes

Approx \$70

Referrals: GP referral letter. Client to contact for appointment.

Other information: Fridays

Rasmussen, Tamzin: Psychologist

Depression & Anxiety, Grief Counselling, Women's Health, Relationship Issues, Life Issues, Counselling.

Rasmussen, Tamzin, 604 Mair Street BALLARAT 3350

p: 03 5334 4138

Eligible for Medicare

Gap charged: Yes

Approx. \$22.00

Referrals: Accepts both self referrals and referrals from GPs.

Reynolds, Graeme: Psychology

Disability and Impairment Programs, Emotional Issues

Department of Education & Early Childhood, 109 Armstrong Street Nth BALLARAT 3350

p: (03) 5337 8493 f: (03) 5333 2135 e: reynolds.graeme.a@edumail.vic.gov.au

Eligible for Medicare

Gap charged: No

Referrals: Referrals can be made by telephone Ph 5337 8493

Rose, Ann: Psychology

Depression and anxiety, Family/relationship counselling, Grief counselling, Trauma, Women's health, Workcover TAC compensation.

Rose, Ann, 4a Ritchie Street BROWN HILL 3350

m: 0458 829 706 e: ann.rose@skymesh.com.au

Eligible for Medicare

Gap charged: No

Referrals: Referral by email - ann.rose@skymesh.com.au or patient to bring to first appointment. Please phone for an appointment.

Other information: Generalist counselling, couples, family relationships, life issues

Psychologist

Rudd, Rebecca: Psychologist, Mental Health

Addictions (Drug/Alcohol), Child and Adolescent counselling, Chronic Pain and Illness, Depression & Anxiety, Eating disorders, Family/Relationship counselling, Grief counselling, Sleep disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation.

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: 5332 2266 f: 5332 2466 e: rebecca.rudd@mindlifeclinic.com.au

<http://www.mindlifeclinic.com.au>

Eligible for Medicare

Gap charged: Yes

Between \$21.60 - \$31.60

Referrals: Medicare rebates via Easyclaim, Private Health rebates via HICAPS, Employer funded, WorkCover, TAC.

Other information: Stress, Relapse prevention and improving resilience, Workplace issues, early psychosis, Mediation, Debriefing, Professional Supervision, Mental Illness.

Ryan, Mark: Clinical Psychologist

CBT, Adults, Adolescents Counselling, Family/relationships & personal problems, Depression & anxiety, Self-esteem, Stress

Ryan, Mark, Turner Street BACCHUS MARSH 3340

p: (03) 5367 3333 m: 0414 658 129 e: lor-mar@bigpond.com

Eligible for Medicare

Gap charged: No

Gap for Medicare clients

Referrals: Telephone the practice or Mark's Mobile : 0414 658 129

Other information: 23 years experience as clinical psychologist. Past experience within Community Mental Health. Past experience with 'Depression & Anxiety Research & Treatment' (DART) outpatient clinic at Royal Melbourne Hospital.

Schlunke, Janice: Clinical Psychology

Older age group, Life issues, Mental health issues, Adolescents, Pregnancy & postnatal depression, Relationship issues, Chronic pain, Eating disorders

Ballarat Psychological Service, 705 Mair Street BALLARAT 3350

p: (03) 5332 1621 f: (03) 533 15079 e: bpsy@netconnect.com.au

Eligible for Medicare

Gap charged: Variable

Bulk billing available based on income.

Referrals: GP referral letter. Client to contact for appointment. Self-referral available. Waiting list applies - initial contact will be addressed on day.

Other information: 25 years in Practice partner practice Cooperation ensured to reduce waiting times.

Sheehan, Marni: Counselling Psychologist

Addictions (Drug & Alcohol), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Family/Relationship Counselling, Sleep Disorders, Trauma, Workers TAC compensation

Sheehan, Marni, 24 Raglan Street DAYLESFORD 3460

p: 0418 315 211 e: marni@harboursat.com.au

Eligible for Medicare

Gap charged: Yes

Gap fee \$30-\$45 for employed, unemployed bulk billed

Other information: Member of MAPS Counselling College

Psychologist

Shepherd, Stacy: Educational and Developmental Psychologist

Specialise in working with children diagnosed with an Autism Spectrum Disorder, including assessment and therapy but also provide therapy to children and adolescent with a range of issues, including anxiety, depression, bullying, school difficulties,

Shepherd, Stacy, 1013 Dana Street BALLARAT 3350

p: 450879764 f: 5333 1425 m: 450879764 e: stacy.e.shepherd@gmail.com

Eligible for Medicare Gap charged: Yes

Referrals: GP or Paediatrician referral for Medicare rebates, self-referral accepted, private health rebates may apply.

Other information: Assessment and therapy for Autism Spectrum Disorders, Psychometric assessment, including cognitive and educational assessment, behavioural assessment and parenting support

Skilbeck, Kate: Psychologist and Training Consultant

Depression & Anxiety, Eating Disorders, Grief Counselling, Trauma, Youth Mental Health

Skilbeck, Kate, 21 Lyons Street North BALLARAT 3350

p: 0408 540 895 m: 0408 540 895 e: kateskilbeck@gmail.com

Eligible for Medicare Gap charged: Yes \$36.75 Gap fee Negotiable

Referrals: Contact the psychologist for an initial discussion regarding the referral.

Other information: Consultations with adolescents and adults, as individuals, couples or families.

Slater, Brooke: Psychology, Mental Health

Addictions (Drug & Alcohol), Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief Counselling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation.

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: 03 5332 2266 f: 03 5332 2466 e: admin@mindlifeclinic.com.au

www.mindlifeclinic.com.au

Eligible for Medicare Gap charged: Yes Between \$30-\$40 approx

Referrals: Rebates available with referral via Medicare. Private Health rebates may not require a referral (check with private health fund).

Other information: Life adjustment, Parenting & Childhood behavioural difficulties, Self-esteem, Stress, Group work (including parenting groups). Preference for ages 4 and up or parents of children of any age.

Tallent, Ron: General Psychologist

Childhood and adolescent,, Developmental & behavioural disorders (especially ADHD, Aspergers, CD, ODD),, Adult ADHD, depression/anxiety,, Anger management,, Ffamily relations,, Registered provider of Workcover, TAC, Victims of Crime.

Tallent, Ron, 210 Drummond St South BALLARAT 3350

p: 0420 350 993 m: 0420 350 993 e: andelain27@gmail.com

Eligible for Medicare Gap charged: No

Referrals: Via any appropriate GP, psychiatrist, paediatrician, or any relevant government or non government agency. Clients can contact me directly and I will contact appropriate referral agents.

Psychologist

Taubert, Claire: Counselling Psychologist, Pshchologist/Psychotherapist

Psychotherapy. Depression, postnatal depression.

Ballarat Central Psychology, 604 Mair St. BALLARAT 3350

p: (03) 5334 4138 & (03) 9489 6300 e: tau.gal@bigpond.com

Eligible for Medicare Gap charged: Yes \$50

Referrals: GP referral. Client to contact for appointment.

Trensky, Namita

Daylesford Community Health Service, 13 Hospital Street DAYLESFORD 3460

p: 03 5321 6550 f: 03 5348 1785

Eligible for Medicare Gap charged: No

Other information: Available Monday to Thursday.

Urquhart, Robyn

Chronic pain & illness, Depression & Anxiety, Grief Counselling

Hepburn Health Service - Creswick Community Health, Hill Street CRESWICK 3363

p: 03 5345 9150 f: 03 5345 9176 e: robynu@hhs.vic.gov.au

Eligible for Medicare Gap charged: No

Other information: Available Thursdays and Fridays.

Vrieze, Claire: Psychologist, Mental Health

Addictions (Drug/Alcohol), Depression & Anxiety, Eating disorders, Men's Health, Grief counselling, Sleep disorders, Trauma, Women's Health, Workcover TAC Compensation.

Positive Wellbeing Clinic, 16 Errard St BALLARAT 3350

p: 03 5309 3145 f: 03 5309 3146

www.positivewellbeing.com.au

Eligible for Medicare Gap charged: Yes \$36.75 standard, \$21.75 concession. Medicare Easyclaim available for clients to claim their rebate.

Other information: Stress, Workplace issues, Mediation, Debriefing, Professional Supervision, Mental Illness.

Waters, Chris

General counselling, Anxiety and depression, PTSD, OCD, Panic, Health anxiety, Chronic illness and pain, Grief and loss, Stress, Addictions, Anger, Performance enhancement (work, sports, etc.), Neuropsychological, Cognitive and personality assessment, Careers

Waters, Chris, 2/507 Warrenheip St BUNINYONG 3357

p: 0448 988 042 m: 0448 988 042

Eligible for Medicare Gap charged: Yes

Other information: Registered to provide services under Medicare (MHCP), Workcover, TAC, and Veterans & Veterans Family Counselling Service

Psychologist

White, Jennifer

Addictions (Drug & Alcohol), Depression & Anxiety, Grief Counselling, Sleep Disorders, Trauma, Youth Mental Health

White, Jennifer, 15 Dawson Street South BALLARAT 3350

p: 0448 579 156 f: 03 5364 2911 e: jenwhitepsych@gmail.com

Eligible for Medicare

Gap charged: Yes

\$35.20 - Owners of a healthcare card can be bulk billed.

Referrals: Clients can be referred by their General Practitioner, and can also self-refer. The cost of appointments is \$120, with clients referred through the Medicare Rebate Scheme eligible for an \$84.80 rebate. Cheques, cash and interbank transfers are accepted.

White, Peta

Children &/or Adolescents, Learning difficulties, Intellectual/Educational assessments, Enuresis/Encopresis, Parenting, Behaviour management, Bullying: Assertiveness/Anger

Positive Wellbeing Clinic, 16 Errard Street BALLARAT 3350

p: 03 5309 3145 f: 03 5309 3146 e: peta@positivewellbeing.com.au

Eligible for Medicare

Gap charged: Yes

\$33.40 Standard, \$18.40 Concession. Medicare Easyclaim available for clients to claim rebate

Other information: Preschool/Children/Parents

White, Tamsyn: Psychology

Adolescent counselling, chronic pain & illness, family/relationship counselling, grief counselling, men's health, women's health, trauma, Workcover, TAC compensation, youth mental health.

White, Tamsyn, 210 Drummond Street (Sth) BALLARAT 3350

m: 0419 385 064

Eligible for Medicare

Gap charged: Yes

co-payment (various)

Wilkinson, Jeffrey: Psychologist

Child & adolescent counselling, chronic pain & illness, depression and anxiety, family/relationship counselling, grief counselling, men's health, women's health, trauma, Workcover, TAC compensation, youth mental health

Midland Psychology, 403 Raglan Street Sth BALLARAT 3350

p: (03)5309 2511 e: jeffwilk2@bigpond.com

Eligible for Medicare

Gap charged: Yes

co-payment (various)

Williams, Alan

Depression & Anxiety, Family/Relationship Counselling, Grief Counselling, Sleep Disorders, Trauma, Youth Mental Health, Workcover TAC Compensation

Williams, Alan, 112 Drummond Street North BALLARAT 3350

p: 0402 110 360 f: 03 97493298 e: allan.williams@live.com.au

www.alanwilliams.com.au

Eligible for Medicare

Gap charged: No

Bulk Bill

Referrals: GP Referral Letter, Self Referral, Client to contact for an appointment

Psychologist

Williams, Diane: Psychologist

Psychological assessment, Psychoeducational assessments, Depression & anxiety, PTSD, Child/adolescent/adult, Developmental delays

Williams, Diane, 1st Floor, 203 Barker St CASTLEMAINE 3450

p: (03) 5442 7783 f: (03) 5442 1958 m: 0429 424 634 e: diwilliams@impulse.net.au

Eligible for Medicare

Gap charged: Variable

Bulk Bill Concession Card Holders. Clients required to pay upfront \$105 - \$120 \$21.75 - \$36.75 out of pocket

Referrals: Referral by GP. Please call Diane to discuss.

Wilson, Kellie: Psychology, Mental Health

Addictions (Drug/Alcohol), Child and Adolescent counselling, Chronic Pain and Illness, Depression & Anxiety, Eating disorders, Family/Relationship counselling, Grief counselling, Sleep disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation.

Mind Life Clinic, 5 Anderson Street East BALLARAT 3350

p: 03 5332 2266 f: 03 5332 2466

<http://www.mindlifeclinic.com.au/>

Eligible for Medicare

Gap charged: Yes

Between \$30 - \$40

Referrals: Medicare rebates via Easyclaim, Private Health rebates via HICAPS, Employer funded, WorkCover, TAC.

Other information:

School stress & VCE, Workplace issues, Mediation, Debriefing, Professional Supervision, Mental Illness, Bullying and teen self esteem, Preference for ages 12 and up.

Social Worker - Mental Health

Baker, Helen M: Social Work

Helen Baker Eclectic Counselling, 62 Sutton Road MARYBOROUGH 3465

m: 0488 596 256 e: helen_baker_eclectic_counselling@live.com.au

Eligible for Medicare

Gap charged: No

Referrals: GP or self referral

Other information: Expressive Therapies Groups Focusing on - Depression/anxiety, Self esteem, Expressive therapies

Ballinger, Kathleen

Depression & anxiety, Family/relationship counselling, Grief counselling, Men's health, Trauma, Workcover TAC compensation, Support related to illness

Wimmera Health Care Group, 83 Baillie Street HORSHAM 3340

p: 03 5381 9111 f: 03 5381 9330 e: Kathleen.ballinger@whcg.org.au

<http://www.wimmerahealth.com/>

Eligible for Medicare

Gap charged: No

Referrals: Call intake worker initially via number above

Social Worker - Mental Health

Barton, Wendy

Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Trauma

Wendy Barton Counselling, 143 Baillie Street HORSHAM 3402

p: 03 5382 0926 f: 03 5382 5228 e: w.barton@bigpond.net.au

Eligible for Medicare

Gap charged: No

Biggs, Catherine

Child & Adolescent Counselling, Depression & Anxiety, Family/Relationship Counselling, Sleep Disorders, Trauma, Youth Mental Health

Positive Wellbeing Clinic, 16 Errard Street North BALLARAT 3350

p: (03) 5309 3145 f: (03) 5309 3146 e: catherine@positivewellbeing.com.au

www.positivewellbeing.com.au

Eligible for Medicare

Gap charged: Yes

Standard \$36.60, Concession \$21.60

Referrals: GP Referrals accepted, Self referral, EAP

Other information: Medicare easy claim available to access rebate.

Lanyon, Natalie

Child & adolescent counselling, Chronic pain & illness, Depression & anxiety, Family/relationship counselling, Grifed counselling, Men's health, Oncology, Youth mental health

UFS Medical Centre, 202 Doveton Street North BALLARAT 3350

p: 03 5364 9100 f: 03 5364 9150 e: natalietaunton1@hotmail.com.au

www.ufsmedical.com.au

Eligible for Medicare

Gap charged: No

Lee, Jill

Lee, Jill, 13 Lyons Street Nth BALLARAT 3350

p: 0407 052 434 f: 03 5331 6057 e: jilllee@ncable.net.au

Eligible for Medicare

Gap charged: No

Referrals: Patients contact Jill directly. Please bring referral to the first consultataion if applicable. Services available in Grampians Region.

Maika, Bob: Family Violence - Men's behaviour change

Men's Issues

CAFS Ballarat Inc, 115 Lydiard Street North BALLARAT 3350

p: (03) 5337 3333 f: (03) 5332 1724

www.cafs.org.au

Eligible for Medicare

Gap charged: No

Social Worker - Mental Health

McFetridge, Karen

Equilibrium wellbeing, 206 Grant Street BALLARAT 3350
m: 0409 111 250 e: karenequilibriumwellbeing@gmail.com

www.equilibriumwellbeing.com.au

Eligible for Medicare Gap charged: Variable Bulk Billing available for for low income

Referrals: Appointment required

Neighbour, Vynka-Lee: Accredited Mental Health Social Worker

Child & Adolescent Counselling, Chronic Pain & Illness, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief Counselling, Men's Health, Sleep Disorders, Trauma, Youth Mental Health, Women's Health, Workcover TAC Compensation

Vynka-Lee Neighbour Counselling, Suites 1&2, Wembley Chambers, 142 Baillie Street HORSHAM 3400

f: (03) 5351 1536 m: 0437 120 034 e: info@vynkaleecounselling.com.au

www.vynkaleecounselling.com.au

Eligible for Medicare Gap charged: No low income of \$10 and full fee paying of \$35 after Medicare rebate.

Referrals: Better access mental health care plan referral

Nettelbeck, Barbara

Child & Adolescent Counselling, Depression & Anxiety, Family/Relationship Counselling, Grief Counselling, Trauma Droyslden, 145 Baillie Street HORSHAM 3402

f: 03 5441 5532 m: 0429 376 121 e: barbara.nettelbeck@gmail.com

www.barbaranettelbeck.com

Eligible for Medicare Gap charged: Yes \$60.20

Parker, Judith: Social Worker - Mental Health

Grief Counselling, Child & Adolescent Counselling, Depression & Anxiety, Youth Mental Health, Family/Relationship Counselling

Parker, Judith, 5 Mayes Street STAWELL 3380

f: 03 5358 4332 m: 0427 558 218 e: judithann.parker@switchedonvictoria.net.au

Eligible for Medicare Gap charged: Yes \$25.20

Referrals: Via Medicare Local, GP Letter or direct phone call

Other information: Also consults every 2nd Thursday at 5 Ligar Street, Ararat

Social Worker - Mental Health

Richardson, Dr Kate

My expertise is across a broad range of emotional, psychological and behavioural difficulties; however, my specialty is behavioural and emotional regulation problems in children and effective parenting strategies. My approach is to work together with infants, children, adolescents, their families, carers and teachers to achieve the best emotional, behavioural and psychological well-being outcomes.

Paediatrics Ballarat, 1328 Sturt Street BALLARAT 3350

p: 03 5327 1444 f: 03 5327 1400 e: krcounsellingandconsulting@gmail.com

www.paediatricsballarat.com.au

Eligible for Medicare Gap charged: Yes \$55.20

Referrals: General Practitioners, Paediatricians and Psychiatrists to provide 'Focused Psychological Strategies' to infants, children and adolescents under the Better Access initiative. Appointments are available Mondays and Tuesdays

Other information: Depending on the health care needs of the child or young person, they may receive a maximum of six initial 'treatment' sessions. Upon conclusion of initial treatment, if it is determined that further allied mental health services are required, a new referral for additional sessions (to a maximum of ten individual sessions per calendar year) will need to be provided.

Rutherford, Brenda: Mental Health Social Worker

Grief and bereavement counselling encompassing, Life threatening illness, Child and adolescent loss and grief counselling (including play therapy), Suicide, death of a child, foetal loss.

Rutherford, Brenda, 73 Scotchmans Lead Rd BUNINYONG 3357

p: 0407 744 258 m: 0407 744 258 e: bjradsd4@gmail.com

Eligible for Medicare Gap charged: No No gap charge

Other information: Consulting Times: Monday - Thursday 9am - 5pm. After Hours appointments and Home Visits by arrangement.

Veld, Bridget

Addictions, Child & Adolescent Counselling, Depression & Anxiety, Eating Disorders, Family/Relationship Counselling, Grief Counselling, Sleep Disorders, Trauma, Attachment & Trauma, Pregnancy Support, Youth Mental Health, Womer's Health

Bridget Veld Social Worker, 805 Sturt Street BALLARAT 3350

f: 03 5333 1222 m: 0477 299 273 e: bridgetveld@gmail.com

www.bridgetveld.com.au

Eligible for Medicare Gap charged: Yes \$15.00